$$E=(v\times c/v)\times(s/v\times c/v)\times m$$

Now, by further putting the formula above in order, the following result could be attained ;

[Math.3]

(velocity of light/velocity of the substance) ^{2} × distance over which the substance progressed × mass=energy

$$E=(c/v)^2\times s\times m$$

That is,

(1/g) ^{2} × distance over which the substance progressed × mass= energy.

[0008]

[Math.4]

At this point, since, distance over which the substance progressed

=velocity of the substance × time the substance has passed

=(velocity of light × g) × (time light has passed × g) ,

$$s=v\times t$$
$$=(c\times g)\times(T\times g)$$

by substituting the formula above and the principle of light and time shown in [0006][Math.1] for the formula in [Math.3], the result attained is ;

[Math.5]

energy =mass × velocity of light × time .